# Multilevel irreversibility reveals higher-order organisation of non-equilibrium interactions in human brain dynamics

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Information processing in the human brain can be modelled as a complex dynamical system operating out of equilibrium with multiple regions interacting nonlinearly. Yet, despite extensive study of the global level of non-equilibrium in the brain, quantifying the irreversibility of interactions among brain regions at multiple levels remains an unresolved challenge. Here, we present the Directed Multiplex Visibility Graph Irreversibility framework, a method for analysing neural recordings using network analysis of time-series. Our approach constructs directed multi-layer graphs from multivariate time-series where information about irreversibility can be decoded from the marginal degree distributions across the layers, which each represents a variable. This framework is able to quantify the irreversibility of every interaction in the complex system. Applying the method to magnetoencephalography recordings during a long-term memory recognition task, we quantify the multivariate irreversibility of interactions between brain regions and identify the combinations of regions which showed higher levels of non-equilibrium in their interactions. For individual regions, we find higher irreversibility in cognitive versus sensorial brain regions whilst for pairs, strong relationships are uncovered between cognitive and sensorial pairs in the same hemisphere. For triplets and quadruplets, the most non-equilibrium interactions are between cognitive-sensorial pairs alongside medial regions. Finally, for quintuplets, our analysis finds higher irreversibility when the prefrontal cortex is included in the interaction. Combining these results, we show that multilevel irreversibility offers unique insights into the higher-order, hierarchical organisation of neural dynamics and presents a new perspective on the analysis of brain network dynamics.

 $neural\ dynamics\ |\ time-series\ irreversibility\ |\ visibility\ graphs\ |\ long-term\ memory\ |\ higher-order interactions$ 

he human brain produces complex spatiotemporal neural dynamics across multiple time and length scales. Abstracting the brain as a large-scale network of discrete interacting regions has proved fruitful in the analysis and modelling of neural dynamics (1). Moreover, this abstraction lends neuroscientists the language and tools of statistical physics in the hope of uncovering the central mechanisms driving brain function and their links to observed neural dynamics (2, 3). For instance, recent data captured by functional imaging showed large scale violations of detailed balance in human brain dynamics, suggesting that the brain is operating far from equilibrium (4). This fundamental observation has prompted the development of a range of techniques to provide a measure for the degree of non-equilibrium in neuroimaging time-series recorded in different conditions (5-10). These measures have shown that the degree of non-equilibrium is elevated during cognitive tasks (4–7) whilst reduced in both impairments of consciousness (11), sleep (10) and Alzheimer's disease (12), indicating that non-equilibrium may be a key signature of healthy consciousness and cognition in the brain (13). Despite this, current methods are restricted to aggregate measures of non-equilibrium. We present a novel approach to the analysis of non-equilibrium brain dynamics that is able to measure the irreversibility of individual, higher-order interactions to gain valuable insight into the organisation of neural dynamics.

The second law of thermodynamics asserts that, in the absence of entropy sinks, the average entropy of a system increases as time flows forwards (14, 15). More specifically, a system at a steady-state dissipating heat to its environment causes an increase in entropy (16, 17). This results in the system breaking the detailed balance condition and results in an asymmetry in the probability of transitioning between system states (18).

## **Significance Statement**

The brain is a complex system operating out of equilibrium with time-irreversible dynamics. Existing measures of irreversibility cannot identify which multivariate interactions display particularly non-equilibrium dynamics. In this paper, we develop a method, by constructing directed multilayer graphs from multivariate time-series, to quantify the irreversibility of each interaction in a system to identify which are markedly far from equilibrium. We analyse neural activity recorded during a long-term memory recognition task and identify key combinations of regions that are significantly irreversible, implying a strong interaction. Our results show that single processing regions, hemispheric pairs, and higher-order tuples containing hemispheric pairs alongside medial regions are the most irreversible at each level of interaction, thus illustrating this new approach to brain network dynamics.

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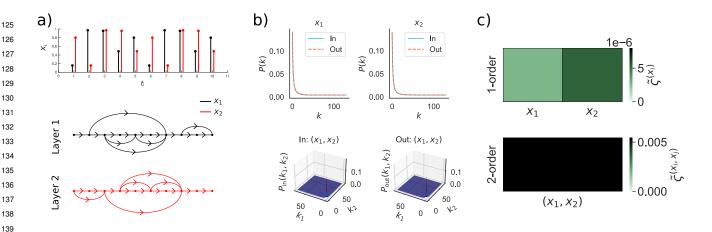


Fig. 1. The DiMViGI workflow. The method is able to measure the irreversibility of each interaction in a multivariate time-series. It is comprised of three stages, illustrated here with a random time-series of 2 variables: (a) First, we construct a 2-layer directed multiplex visibility graph from the multivariate time-series where each layer represents a variable and each node represents a time-point. The connections are made according to the visibility criterion defined in Eq. 7 and illustrated in Fig. 2. (b) Second, we calculate the in- and out- degree distributions for each tuple at each level. In the 2-variable system, there are 3 such tuples: the singletons,  $(x_1)$ ,  $(x_2)$  and the pair  $(x_1, x_2)$ . The top left/right panels show the in- and out- degree distributions for the singletons  $(x_1)$ ,  $(x_2)$  respectively. The bottom two panels show the in- (Left) and out- (Right) degree distribution of the pair  $(x_1, x_2)$ . (c) Third, we measure the Jensen-Shannon divergence of the in- and out- degree distributions for each tuple in the system. We show the 1-order irreversibility,  $\zeta^{(x_1)}$ ,  $\zeta^{(x_2)}$ , of the singletons  $(x_1)$ ,  $(x_2)$  (top) and the 2-order irreversibility,  $\zeta^{(x_1, x_2)}$ , of the pair  $(x_1, x_2)$  (bottom).

This, in turn, yields macroscopically irreversible trajectories from reversible microscopic forces inducing what Eddington denoted 'the arrow of time' (AoT) (19). The rate at which a system dissipates entropy, the 'entropy production rate' (EPR), is a natural measure of the degree of non-equilibrium in the stationary state, as it is zero in equilibrium and positive out of equilibrium (20). Results in modern non-equilibrium thermodynamics have shown that the EPR of a non-equilibrium system can be derived from the irreversibility of observed trajectories (21–25). In particular, the EPR is given by,

$$\Phi = k \lim_{\tau \to \infty} \frac{1}{\tau} D_{\text{KL}}[P(\{\mathbf{x}(t)\}_{t=0}^{\tau}) || P(\{\mathbf{x}(\tau - t)\}_{t=0}^{\tau})], \quad [1]$$

where  $\{\mathbf{x}(t)\}_{t=0}^{\tau}$  and  $\{\mathbf{x}(\tau-t)\}_{t=0}^{\tau}$  represent a trajectory and its time-reversal,  $P(\cdot)$  represents the 'path probability', the probability of observing that specific trajectory, k is Boltzmann's constant, and  $D_{\text{KL}}$  represents the Kullback-Leibler divergence (KLD),

$$D_{\mathrm{KL}}(P||Q) = \int p(x) \log \left(\frac{p(x)}{q(x)}\right) dx,$$
 [2]

which measures the distance between two probability distributions P and Q with densities p and q respectively (24, 25). In the case of real-world data, trajectories are sampled at discrete time-points forming a multivariate time-series (MVTS), and the EPR is lower-bounded by the irreversibility of the observed MVTS. As a result, the irreversibility of a neural recording is a natural measure of the degree to which the neural dynamics are out of equilibrium (13).

Two complimentary interpretations of the AoT in the brain have been given. First, the hierarchical organisation of positions in state-space, that results from asymmetrical transition probabilities, has been linked to the dynamic hierarchical organisation of brain regions (7, 26, 27). Second, the AoT has been interpreted as inducing a 'causal flow'

in the system where some regions emerge as information 'sources' and others as 'sinks' with these relationships identifiable from irreversibility analysis (7, 8). These studies for quantifying non-equilibrium in the brain approximate the global evidence for the AoT in time-series using techniques such as estimating transitions between coarse-grained states (4), with time-shifted correlations (5), machine learning (6) or with model-based approaches (7–10). However, the AoT and the corresponding production of entropy is a macroscopic property of the system, emerging from interactions between the microscopic variables at multiple scales. Recent theoretical research has shown that the AoT can be decomposed into unique contributions arising at each scale within the system (28, 29) or into spatiotemporal modes of oscillation (30), offering insights beyond a global level of non-equilibrium in the brain. Motivated by these insights, we present the Directed Multiplex Visibility Graph Irreversibility (DiMViGI) framework, as illustrated in Fig. 1, for analysing the irreversibility of multivariate signals at multiple levels using network analysis of time-series, in particular the visibility graph (31, 32). Using the DiMViGI framework, we investigate the irreversibility of human brain signals, captured by magnetoencephalography (MEG), during a long-term recognition task of musical sequences that utilised long-term memory (33–42). Our analysis covers all possible levels in the system and is able to capture the higher-order organisation of brain regional interactions yielding interpretable and novel insights into the neural dynamics underpinning long-term memory and auditory recognition.

## Quantifying the arrow of time in multivariate interactions

As the evidence for the AoT can be inferred from the irreversibility of observed trajectories, we focus on the

quantity,

$$\sigma = \sum_{\Gamma} P(\Gamma) \log \frac{P(\Gamma)}{P(\Gamma')},$$
 [3]

where  $\Gamma$  is a stochastic trajectory,  $\Gamma'$  is its time-reversal and  $P(\Gamma)$  is the probability of observing that specific trajectory. Eq. 3 is precisely the KLD between the forward and backward path probabilities, which is a natural measure of the irreversibility of a stochastic process (23). Inspired by previous decompositions (28, 29), we note that individual interactions can have differential levels of irreversibility within a globally non-equilibrium system. Our framework aims to compute the irreversibility of individual k-tuples of variables in a MVTS in order to compare interactions at each level, defined by k. Firstly, we consider the projection of an N-dimensional trajectory,  $\Gamma = \{x_1(t), ..., x_N(t)\}_{t=0}^T$ , into the portion of state-space defined by the k-tuple of variables  $(x_{i_1}, ..., x_{i_k})$ , to be the k-dimensional trajectory,

$$\Gamma^{(x_{i_1},...,x_{i_k})} = \{x_{i_1}(t),...,x_{i_k}(t)\}_{t=0}^T.$$
 [4]

The DiMViGI framework then quantifies the marginal irreversibility of a given tuple by approximating,

$$\varsigma^{(x_{i_1},\dots,x_{i_k})} = \sum_{\Gamma^{(x_{i_1},\dots,x_{i_k})}} P(\Gamma^{(x_{i_1},\dots,x_{i_k})}) \log \frac{P(\Gamma^{(x_{i_1},\dots,x_{i_k})})}{P(\Gamma'^{(x_{i_1},\dots,x_{i_k})})},$$
[5]

using visibility graphs, as will be detailed subsequently. As a result, we are able to identify tuples of variables whose multivariate trajectory is highly irreversible indicating a strongly non-equilibrium interaction between the variables in this tuple, which also suggests the presence of a hierarchical structure within the tuple (7).

# Measuring irreversibility with the multiplex visibility graph

We build on the growing paradigm of network analysis of time-series that has gained traction in the analysis of neural signals (43, 44). These methods are characterised by mapping a time-series into a corresponding network. For instance, the visibility algorithm maps a univariate time-series into a socalled 'visibility graph' (VG) (31). VGs and their variations are a powerful model-free tool for mapping a continuousvalued time-series into a discrete object. Their versatility, as well as their lack of assumptions on the underlying dynamics, has lent them to diverse applications, in particular in neuroscience (43, 44), as well as in the calculation of information-theoretic quantities from complex and chaotic dynamics (45). Explicitly, given a time-series  $\{X_i\}_{i\in I}$  with time indices  $\{t_i\}_{i\in I}$ , where  $X_i \in \mathbb{R}$  and I is the index set, the VG has one node for each  $i \in I$ . Nodes  $i, j \in I$  are connected by an edge if the corresponding data-points  $(t_i, X_i)$  and  $(t_j, X_j)$  are 'mutually visible' i.e. that they satisfy that, for any intermediate data-point  $(t_k, X_k)$  with  $t_i < t_k < t_j$ ,

$$X_k < X_j + (X_i - X_j) \frac{t_j - t_k}{t_j - t_i}.$$
 [6]

In geometric terms, this condition is met if  $(t_i, X_i)$  is visible from  $(t_i, X_i)$ . That is, the line connecting  $(t_i, X_i)$ 

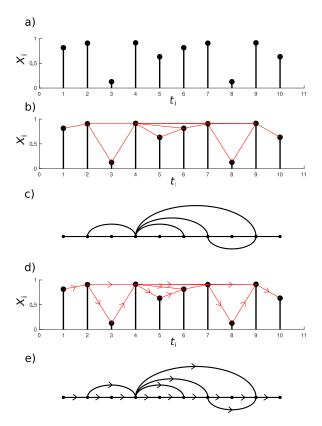


Fig. 2. Visibility graphs. An example of a visibility and a directed visibility graph constructed from a random time-series. (a) A random equi-spaced time-series. (b) The red lines connected data points that mutually visible. (c) The visibility graph associated with the random series. (d) A time-series showing visibility directed forward in time. (e) The directed visibility graph corresponding to the above series.

and  $(t_j, X_j)$  does not cross any intermediate data-points as shown in Panel b) of Fig. 2. Trivially, each node is connected to its neighbours whilst large positive fluctuations become hubs with many connections due to their greater visibility. This construction can be naturally extended to a MVTS by considering the 'multiplex visibility graph' (MVG) (46). Given a MVTS with N variables, the MVG is a multi-layer graph, a so-called 'multiplex', with N independent layers with the same node base. Applying the visibility algorithm to each variable in turn yields a series of VGs which each define one layer of the MVG.

We can further generalise the VG to measure irreversibility in univariate time-series by extending the undirected VG to a time-directed counterpart (DVG) (32, 47). To do so, we simply direct the edges 'forward in time'. For example, an edge connecting time-points  $t_i < t_j$  is now directed  $i \to j$ (see Panels d-e) of Fig. 2). We then decompose the degree dof a node into the sum of the in-going and out-going degree,

$$d = d_{\rm in} + d_{\rm out}.$$
 [7]

A univariate stationary process, X(t), is time-reversible if the trajectory  $\{X(t_1), ..., X(t_T)\}$  is as probable as  $\{X(t_T), ..., X(t_1)\}$  (48). Therefore, in the case of a reversible process, the in- and out-going degree distributions of the associated DVG should converge (32, 47). It follows that the level of irreversibility can be captured by measuring the divergence between the in- and out-going degree distributions.

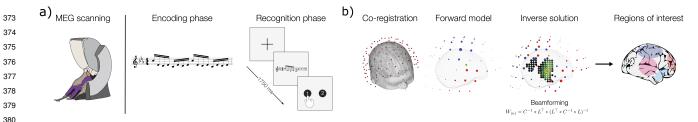


Fig. 3. Experimental paradigm for the collection and processing of MEG data. (a) The brain activity in 51 participants was collected using magnetoencephalography (MEG) while they performed a long-term auditory recognition task. Participants memorised a 5 tone musical sequence. They were then played 5 further sequences of tones that were either the original sequence or a modified version. They then were requested to state whether the sequence belonged to the original music or was a varied version of the original sequences. In this analysis we only consider the experimental condition where participants were played the original memorised sequence. (b) The MEG data was co-registered with the individual anatomical MRI data, and source reconstructed using a beamforming algorithm. This procedure returned one time-series for each of the 3559 reconstructed brain sources. Six main functional brain regions (ROIs) were derived. The neural activity for each ROI was extracted yielding a multivariate time-series. For further details on the experimental set-up see Materials and Methods and SI. For a comparison between experimental conditions see Bonetti et al (33).

We extend this method to the case of MVTS. We direct the edges of the MVG such that they go forward in time yielding a directed MVG (DMVG). Since this is a multiplex graph, we can calculate the multivariate joint, over all layers, in- and out-going degree distributions, and all associated marginals.

Explicitly, we consider a MVTS with N variables and T time points, given by  $\{\mathbf{X}(t_1),...,\mathbf{X}(t_T)\}$ , where  $\mathbf{X}(t_i) = (x_1(t_i),...,x_N(t_i)) \in \mathbb{R}^N$  and construct its associated DMVG. For a given k-tuple of variables,  $(n_1,...,n_k)$ , we calculate the multivariate marginal in-going and out-going degree distributions:

$$P_{\text{in}}^{(n_1,\dots,n_k)}(d_1,\dots,d_k), \quad P_{\text{out}}^{(n_1,\dots,n_k)}(d_1,\dots,d_k),$$
 [8]

where  $P^{(n_1,\dots,n_k)}(d_1,\dots,d_k)$  is the probability of a node having degree  $d_i$  in layer  $n_i$  for all i simultaneously. We then compute the divergence between these particular in- and outgoing marginal distributions using Jensen-Shannon divergence (JSD) (see Materials and Methods) to obtain a measure of the k-order irreversibility,

$$\tilde{\varsigma}^{(n_1,...,n_k)} = \text{JSD}(P_{\text{in}}^{(n_1,...,n_k)}||P_{\text{out}}^{(n_1,...,n_k)}).$$
 [9]

As we are considering the multivariate joint distribution, we are quantifying irreversibility in the multivariate state-space. Repeating this for all possible k-tuples in the system, we quantify the relative irreversibility of each interaction at a given level. We can repeat this process for all values of k, thus measuring irreversibility at all levels.

In summary, the DiMViGI framework, shown in Fig. 1, begins with a MVTS of neural activity. The series is mapped into the associated DMVG using the visibility algorithm. We calculate the joint in and out-degree distributions and all the possible marginal in- and out-degree distributions. We measure the JSD between the pairs of in- and out-marginals for each tuple in the system to quantify the irreversibility of that interaction. At each level k, we can then compare the relative irreversibility of each k-order interaction to identify the dominant irreversible interactions.

### Analysis of MEG during long-term recognition

We consider MEG recordings from 51 participants with 15 trials per participant source-localised into 6 regions of interest (ROIs) collected according to the experimental paradigm presented in Fig. 3, described in Materials and Methods, SI and in Ref. (33). The ROIs include the auditory cortices in the left and right hemispheres (ACL, ACR); the hippocampal and inferior temporal cortices in the the left and right hemispheres (HITL, HITR) and two medial regions, the bilateral medial cingulate gyrus (MC) and the bilateral ventro-medial prefrontal cortex (VMPFC). Panel a) of Fig. 4 shows a schematic representation of the regions. The participants performed an auditory recognition task during the MEG recordings (Panel a), Fig. 3). First, they memorised a short musical piece. Next, they were presented musical sequences and were requested to state whether the sequence belonged to the original music or was a varied version of the original sequences. Since differences between experimental conditions have been described in detail by Bonetti et al (33) and are beyond the scope of this work, here, we consider only one experimental condition, where participants recognised the original, previously memorised sequences.

For each participant and trial, we construct the DMVG. Next we estimate every marginal in- and out- degree distribution using each DMVG as a sample and calculate the JSD. We denote the JSD between k-dimensional degree distributions as the k-order irreversibility. Alternatively, for each participant in isolation, the degree distributions can be calculated using only their associated trials to get an estimate of the k-order irreversibility for each participant and each tuple (see SI). However, due to the higher number of samples, the cohort-level analysis is more robust and hence is our focus in this report. The results of the DiMViGI analysis are presented in Figure 4. We note that the darker colours represent tuples with greater irreversibility whilst the lighter colours reflect more reversible interactions. The icon along the x-axis indicates which tuple is being considered, with reference to the schematic in Panel a) of Fig. with the included regions coloured in black. Furthermore, we highlight statistically significant tuples at each level. The number of  $(*)/(\dagger)$  indicates the number of standard deviations above/below the k-level mean.

We begin our analysis at 1-order. Whilst individual (microscopic) variables are often reversible in a non-equilibrium complex system, the ROIs considered here reflect

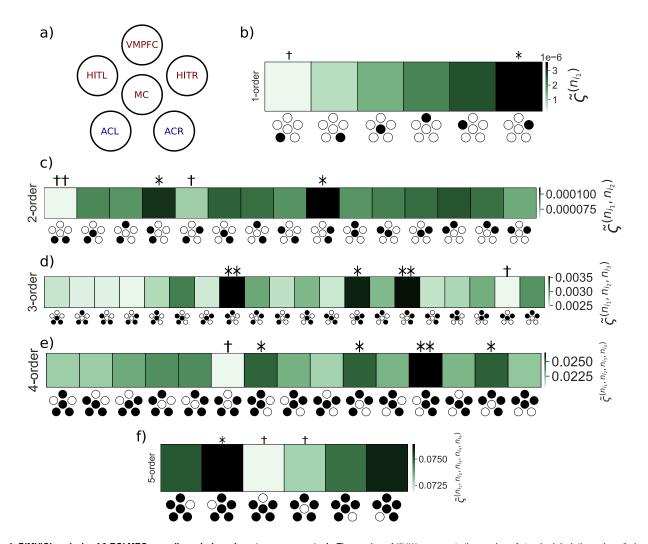


Fig. 4. DiMViGI analysis of 6-ROI MEG recordings during a long-term memory task. The number of (\*)/(†) represents the number of standard deviations above/below the mean for a particular tuple at that level. (a) Schematic diagram showing the organisation of the ROIs in the MEG recordings. The ROIs are ACL/R: auditory cortex left/right; MC: medial cingulate gyrus; VMPFC: ventro-medial prefrontal cortex; HITL/R: hippocampal inferior temporal cortex left/right. Cognitive regions are in red and sensory regions in blue. (b) 1-order irreversibility at cohort-level. At this level, we consider irreversibility of each signal in isolation. The hippocampal regions are the most irreversible whilst the sensory regions are the most reversible. (c) 2-order irreversibility at cohort-level. The pairs that show the most irreversibility are those that include a sensory and hippocampal pair in the same hemisphere (ACL/R, HITL/R). The most reversible pair is (ACL, ACR) which is made up of two sensory regions. (d) 3-order irreversibility at cohort-level. The triplets that are most irreversible are those that include an intra-hemispheric sensory and hippocampal pair as well as the prefrontal cortex (ACL/R, HITL/R, VMPFC). The most reversible are those that include a hippocampal and sensory pair and both medial regions (ACL/R, HITL/R, MC, VMPFC) and those that include both hippocampal regions, a sensory region and the VMPFC. The most reversible is the quadruplet that contains no medial regions. (f) 5-order irreversibility at cohort-level. The most reversible quintuplets are those that omit a medial region, in particular the quintuplet that omits the VMPFC.

a very coarse parcellation of the brain. At this level, we are considering each ROI, which is composed of many truly microscopic variables, in isolation and note that each one shows significant irreversibility. It is clear from Panel b) of Fig. 4, that the ROIs have a clear disparity in their levels of irreversibility. The sensory ROIs are more reversible than the medial and hippocampal ROIs. Furthermore, there is a skew towards the right hemisphere being more irreversible than the left. This result emerges consistently across all levels. Next, we consider the irreversibility of pairwise interactions (k=2). Panel c) of Fig. 4 shows the 2-order irreversibility for all pairs. We are able to identify strongly irreversible pairs such as the intra-hemispheric pairs (ACL, HITL) and (ACR, HITR). On the other hand, cross-hemispheric pairs, e.g. (ACL, ACR), are the most reversible, indicating a

lack of interaction between them. The strong hemispheric symmetry in the results validates the findings, as it is an expected and intuitive observation. Panel d) of Fig. 4 shows the irreversibility for each triplet interaction in the system. The highly irreversible triplets are those that include a hemispheric pair alongside a medial region, with those containing the VMPFC, a region known to drive brain dynamics during task (49), being particularly irreversible. Panel e) of Fig. 4 shows that the most irreversible quadruplet interactions are composed of a hemispheric pair alongside both medial regions as well as those that contain (VMPFC, HITL, HITR) alongside a sensory region. Conversely, the quadruplet containing no medial regions, is the most reversible, and therefore has the least interaction. This is particularly interesting as this quadruplet is made up of

the two most irreversible pairs yet they do not appear to interact as a foursome. Therefore, this framework is truly capturing higher-order interactions that cannot simply be decomposed into a sum of independent interactions of lower order. Finally, Panel f) of Fig. 4 shows that quintuplets that contain both medial ROIs are the most irreversible. Furthermore, the quintuplet that does not contain the VMPFC has the most reversible interaction. Whilst we have attempted to interpret the results from the perspective of the hierarchical and higher-order organisation of the auditory system, we note that outliers would be expected to arise naturally due to statistical variation. Nevertheless, due to the consistency of our results across levels, for example the hemispheric symmetry that is observed at each level, such results cannot be explained purely by chance. Furthemore, a sub-sampling analysis shows that the error in irreversibility measurements are typically smaller than differences between tuples implying a range of statistically significant differences (see SI).

We can interpret this result in the context of predictive coding and its links to sensory tasks (50–52), as well as through the hierarchical organisation of the auditory system. The participants are exposed to a memorised tonal sequence that does not deviate from their expectation of what they were about to hear. Under the theory of predictive coding, this would result in an adjustment of a participant's prior expectations, facilitated by asymmetric, hierarchical interactions between brain regions at multiple levels, in order to reinforce the prior expectations in light of the new sensory information (53). This in turn would lead to a cascade of interactions between key ensembles of regions whose function is optimised for the process of auditory recognition. As irreversible brain dynamics stem from irreciprocal and hierarchical interactions, such a mechanism results in marked irreversibility in the emergent dynamics (7).

#### **Discussion**

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In this study, we describe a novel framework for measuring the emergence of non-equilibrium dynamics, through multivariate irreversibility, at multiple system levels. We are able to capture the irreversibility of each possible interaction in a MVTS of signals. Applying the DiMViGI framework to neural recordings obtained during a long-term memory recognition task, we investigate the higher-order organisation, and the associated non-equilibrium interactions, of brain regions and how they break time-reversal symmetry during an auditory recognition task. The results clearly show a broad distribution of irreversibility at each system level; hence we are able identify which interactions are particularly irreversible, which we interpret as a correlate of a hierarchical and synergistic interaction. Furthermore, we link irreversibility to hierarchical predictive coding and theorise that non-equilibrium interactions could emerge as a consequence of the modulation of prior expectations in light of new sensory information (53). According to the theory of predictive coding, this might be realised through hierarchically asymmetric interactions that, in turn, induce the emergence of irreversibility at multiple system levels (7, 54, 55). Within this context, the DiMViGI framework confirms the hierarchical organisation of the

auditory system (56–59), with reciprocal connections, such as those found within the auditory cortex, resulting in more reversible dynamics, and hierarchical relationships, such as those found between the auditory cortex and the hippocampus, resulting in markedly irreversible dynamics. Furthermore, our approach goes beyond typical approaches to the auditory system, such as the analysis of co-activation and functional connectivity (60, 61) or the identification of cortical-gradient hierarchies (33, 58), by uncovering higher-order interactions within the auditory system between triplets and quadruplets of brain regions. In particular, at higher-orders, irreversibility reveals synergistic interactions between hippocampal, cingulate gyrus and sensory regions for the distributed processing required for audition and longterm recognition. As a result, our approach yields insights that offer a new perspective on the flow of information during audition. Whilst a recent analysis of these neural recordings with standard methods was able to identify a hierarchy of information processing in the brain during long-term recognition (33), the introduction of the DiMViGI framework appears crucial to uncovering the higher-order and non-equilibrium nature of the interactions. Such insights are opaque to traditional analyses but emerge from the unique lens of non-equilibrium statistical physics.

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The implications of the framework and the associated results are multi-fold. Firstly, we go beyond aggregate (4–7, 9, 10) or univariate (32, 47) measures of irreversibility, expanding the exisiting quiver of techniques for studying non-equilibrium in the brain to include a multilevel approach. Our technique is able to capture differences in irreversibility across scales in continuous time-series, inspired by recent theoretical work for binary variables (28, 29), that is nonspecific and can be applied to MVTS from any domain to identify particular highly non-equilibrium interactions. Our approach differs from Refs. (28, 29) as we do not attempt to measure the unique contribution to the AoT of a specific k-body interaction by discounting the irreversibility of all sub-interactions contained within the tuple. Instead, we measure the irreversibility of the tuple as a whole. In Section 6 of the SI we consider an extension of our approach to relate our framework more closely to the approach of Refs. (28, 29), by measuring the unique contribution of each k-body interaction, defined recursively as,

$$\eta^{(x_{i_1},\dots,x_{i_k})} = \varsigma^{(x_{i_1},\dots,x_{i_k})} - \sum_{\Omega \subset \{x_{i_1},\dots,x_{i_k}\}} \eta^{\Omega}.$$
 [10]

However, we note that the exact decomposition of the EPR presented in Refs. (28, 29) relates to discrete, Markovian and multi-partite dynamics and thus does not apply directly to continuous MVTS. Moreover, in Section 5 we show that irreversibility in our method only decomposes in the case of independent variables.

Our framework builds on the sustained interest in identifying higher-order interactions in neural recordings and other MVTS (62–66), particularly in information theoretic analyses of brain data that reveal how higher-order functional interactions shape neural dynamics (67–69). Notably, many higher-order frameworks are either computationally, or by formulation, restricted to studying either triplet

(63, 64, 66, 67) or system-wide interactions (62), whilst our results extend easily to all possible levels in the system. Our framework attempts to bridge the broader discussion on higher-order mechanisms and behaviours in complex systems (70–72) with techniques from non-equilibrium thermodynamics (20) through the quantification and interpretation of multilevel irreversibility. Finally, our work further solidifies the visibility algorithm, and network analysis of time-series, as an empirically useful tool in the analysis of neural data (43, 73).

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Despite these promising results, we note some nuanced limitations in our framework. Whilst the visibility algorithm and the degree distribution approach reduces the dimension of the data, we are still computing an entropy between high-dimensional distributions which is computationally restrictive. This can be circumvented limiting the support of the degree-distribution to exponentially improve computational efficiency whilst minimally affecting numerical accuracy (see SI). Nevertheless, analysing all possible interactions yields a combinatorial explosion, hence we opt for a coarse, low-dimensional, parcellation of the brain that allows us to analyse the system at all possible levels. However, the highlighting of individual tuples is most meaningful when there is a strong intuition about the nature of the interaction, which can be only be expected in low-dimensional parcellations where ROIs are clear, functionally-segregated brain areas. Additionally, we note that our measure is undirected within the tuple, meaning we cannot identify the direction of information flow as one can with classical measures of causality (74, 75) or some approaches to the AoT (7, 8). However, we note that the AoT represents directed flow between states and not variables, meaning it is not a direct measure of causality, but instead capturing a distinct, but related, phenomena in interacting dynamics. Finally, measuring the irreversibility of finite-length time-series naturally induces a bias due to the finite sampling of the state-space (4, 29). In order to validate that the measured irreversibility emerges from non-equilibrium dynamics and not from finite-data errors, we employed both surrogate-testing using shuffled time-series and sub-sampling approaches to validate the significance of our results (see SI Section 4).

A key advantage of the DiMViGI framework is the ability to scale between levels with a consistent approach. Strictly local measures such as auto- and cross-correlations are limited to individual and pairwise interactions (76, 77). On the other hand, simply applying global measures to each subset of variables in the time-series, such as coarse-graining or using a model-based measure, yields an inconsistent approach where different tuples cannot be compared fairly. Our framework extends consistently to all levels thus yielding directly comparable quantities at each level.

#### **Conclusions**

In this work, we have introduced the Directed Multiplex Visibility Graph Irreversibility framework for measuring the irreversibility of multivariate interactions at all levels within a system. We applied this method to neural recordings during a long-term auditory recognition task to study the

relative irreversibility of different interactions between brain regions. Doing so, we were able to demonstrate the hierarchical, higher-order organisation of brain dynamics during tasks. This analysis suggests that reinforcement of prior expectations during an auditory recognition task is facilitated through a hierarchy of irreversible higher-order interactions in the brain, an observation that we link to both the mechanisms of predictive coding and the hierarchical structure of the auditory system. Furthermore, we highlighted the particular combinations of cognitive and sensorial regions that are preferentially recruited during audition and long-term recognition. This framework is nonspecific and provides a general tool for investigating higher-order interactions and non-equilibrium dynamics in MVTS emerging from other complex systems.

#### **Materials and Methods**

Estimating degree distributions from finite samples. For each sample, a MVTS, we construct the DMVG, defined by the multiplex adjacency matrix, A,

$$A_{ij}^{[l]} = \begin{cases} 1 & \text{if } i \to j \text{ in layer } l \\ 0 & \text{else} \end{cases}.$$
 [11]

Then we calculate the in- and out-degree of each node in each layer

$$\tilde{d}_i^{[l],\text{in}} = \sum_j A_{ji}^{[l]}, \qquad [12]$$

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$$\tilde{d}_{i}^{[l],\text{in}} = \sum_{j} A_{ji}^{[l]},$$
 [12]
$$\tilde{d}_{i}^{[l],\text{out}} = \sum_{j} A_{ij}^{[l]},$$
 [13]

where  $d_i^{[l],\rm in}, d_i^{[l],\rm out}$  are the in-and out-degree of node i in layer l respectively.

For a k-tuple  $(n_1,...,n_k)$ , we calculate  $P_{\text{in}}^{(n_1,...,n_k)}(d_1,...,d_k)$  by counting the number of nodes i, across all samples, where

$$\tilde{d}_{\cdot}^{[l],\text{in}} = d_l, \tag{14}$$

 $\tilde{d}_i^{[l],\text{in}} = d_l, \qquad [14]$  for each  $l \in \{1,...,k\}$  simultaneously and for  $d_l \in \{1,...,d_{\max}\}$  where  $d_{\max}$  is the maximum degree of a node in the multi-layer graph, and then dividing through by the total number of nodes in all samples. We calculate the same for  $P_{\text{out}}^{(n_1,...,n_k)}(d_1,...,d_k)$ .

As we are using a finite number of samples, we then perform distribution smoothing (78) to eliminate zeros in the empirical distribution. Instead of using,

$$P^{(n_1,...,n_k)}(d_1,...,d_k) = \frac{N}{M},$$
 [15]

where N is the number of nodes satisfying condition 14 and M is the total number of nodes across samples, we average the empirical distribution with a uniform prior via the following replacement,

$$P^{(n_1,...,n_k)}(d_1,...,d_k) = \frac{1}{2} \frac{N}{M} + \frac{1}{2} \frac{1}{d_{\max}^k}.$$
 [16]

Computing Jensen-Shannon divergence. We quantify the divergence between the in- and out-degree distributions using Jensen-Shannon divergence (JSD) which is a symmetrised version of Kullback-Leibler divergence (KLD) that does not suppose a modeldata relationship (79). This is defined between two probability distributions P, Q as

$$J(P|Q) = \frac{1}{2}D(P|M) + \frac{1}{2}D(Q|M),$$
 [17]

where  $M = \frac{1}{2}(P+Q)$  is an averaged distribution and  $D(\cdot)$ represents the KLD, given by,

$$D(P|Q) = \sum_{x \in \mathcal{X}} P(x) \log \frac{P(x)}{Q(x)}.$$
 [18]

As  $\mathcal{X}$  represents the support of the distribution, it takes the form  $\{1,...,d_{\max}\}^k$  where k is the dimension of the probability distributions and  $d_{\max}$  is the maximum degree of a node in the multi-layer graph. For computational feasibility,  $d_{\max}$  can be limited during the calculation of JSD, truncating the sum. For 5-order analysis, we limit  $d_{\max}$  to 75. For a systematic analysis of the effect of degree limiting see SI.

#### Magnetoencephalography (MEG) data.

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Participants. The participant cohort consisted of 83 healthy volunteers made up of 33 males and 50 females with ages in the range 18 to 63 and a mean age of 28.76  $\pm$  8.06. The 51 participants included in this analysis included 22 males and 29 females with ages in the range 18 to 63 and a mean age of  $27.57 \pm 7.13$ . Participants were recruited in Denmark, came from Western countries, reported normal hearing and gave informed consent before the experiment. The project was approved by the Institutional Review Board (IRB) of Aarhus University (case number: DNC-IRB-2020-006) and experimental procedures complied with the Declaration of Helsinki Ethical Principles for Medical Research. After pre-processing, the 51 participants with at least 15 non-discarded trials in the first experimental condition were included in the analysis. Only trials where participants correctly identified the sequence were included. For those participants with more than 15 trials, 15 trials were randomly sampled.

Experimental stimuli and design. We employed an old/new paradigm auditory recognition task (33, 35, 36, 38). Participants listened to a short musical piece twice and asked to memorise it to the best of their ability. The piece was the first four bars of the right-hand part of Johann Sebastian Bach's Prelude No. 2 in C Minor, BWV 847. Next, participants listened to 135 five-tone musical sequences, corresponding to 27 trials in 5 experimental conditions, of 1750 ms each and were requested to indicate if the sequence belonged to the original music or was a variation Differences between experimental conditions have been described in detail by Bonetti et al (33). We consider one experimental condition, where participants recognised the original, previously memorised sequences.

**Data acquisition.** MEG recordings were taken in a magnetically shielded room at Aarhus University Hospital, Aarhus, Denmark using an Elekta Neuromag TRIUX MEG scanner with 306 channels (Elekta Neuromag, Helsinki, Finland). The sampling rate was 1000 Hz with analogue filtering of 0.1-330 Hz. For further details on the data acquisition see SI.

**MEG pre-processing.** First, raw MEG sensor data was processed by MaxFilter (80) to attenuate external interferences. We then applied signal space separation (for parameters see SI). Then the data

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was converted into Statistical Parametric Mapping (SPM) format, preprocessed and analyzed in MATLAB (MathWorks, Natick, MA, USA) using in-house codes and the Oxford Centre for Human Brain Activity (OHBA) Software Library (OSL) (81). The continuous MEG data was visually inspected and large artefacts were removed using OSL. Less than 0.1% of the collected data was removed. Next, independent component analysis (ICA) was implemented to discard artefacts in the brain data from heart-beats and eye-blinks (for details see SI) (82). Lastly, the signal was epoched in 135 trials, 27 trials for each of 5 experimental conditions and the mean signal recorded in the baseline (the post-stimulus brain signal) was removed. Each resulting trial lasted 4400 ms plus 100 ms of baseline time.

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**Source reconstruction.** We employed the beamforming method to spatially localise the MEG signal (83). For details on the beamforming algorithm and the implementation see SI.

 $\begin{tabular}{ll} \textbf{Code} & \textbf{and data availability.} & The code used to implement the $$DiMViGI$ framework is available at $$https://github.com/rnartallo/multilevelirreversibility. \end{tabular}$ 

The in-house code used for MEG pre-processing is available at https://github.com/leonardob92/LBPD-1.0.

The pre-processed MEG recordings used in this analysis are freely available at https://doi.org/10.5281/zenodo.13939016.

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